

Process

{ How to Make a Peanut Butter and Jelly Sandwich

Following these easy steps, you can make a delicious PB&J sandwich.

Before you begin, gather together the following items and set them on the kitchen counter or table.

- Plate
- Knife
- Loaf of bread
- Jelly
- Peanut Butter
- Beverage (of your choice)

Process

- Step 1

Untie twisty and get out
2 slices of bread and
place them on plate.



Process

- Step 2

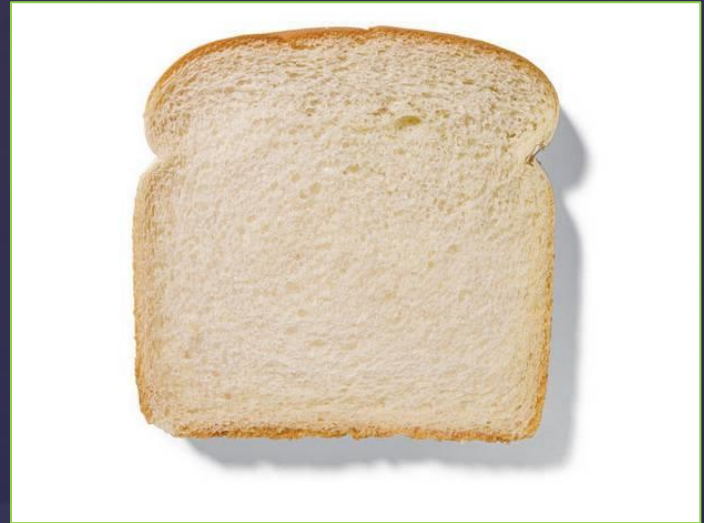
Unscrew lid to peanut butter and put lid to the side of the plate.



Process

- Step 3

Place one slice of bread in
one hand.



Process

- Step 4

With the other hand, pick up knife and get desired amount of peanut butter.



Process

- Step 5

Spread peanut butter on slice of bread. Repeat as desired. Place bread back on plate.



Process

- Step 6

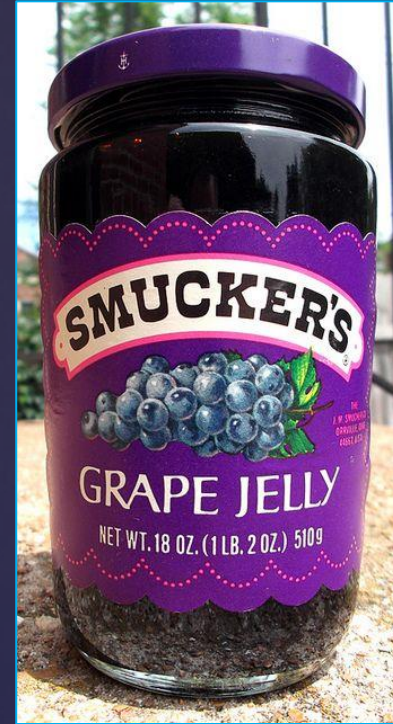
When finished, clean knife in desired and germ-free manner.



Process

- Step 7

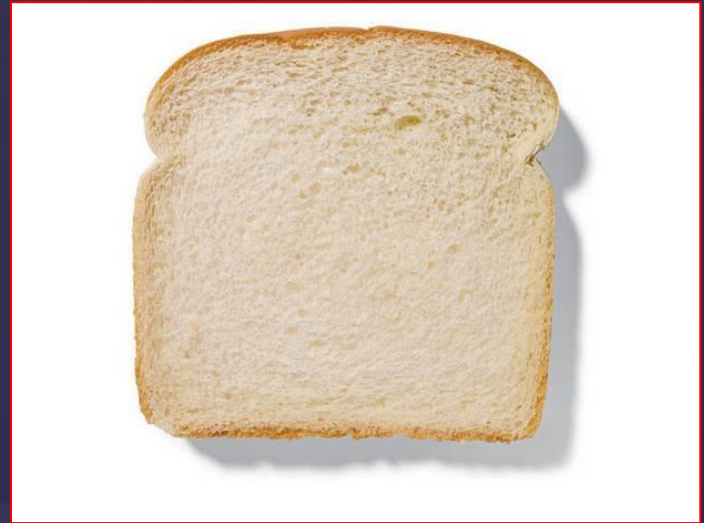
Open lid to jelly and put
lid to the side of the plate.



Process

- Step 8

Place *other* slice of bread
in either hand.



Process

- Step 9

With the other hand, pick up knife and get desired amount of jelly.



Process

- Step 10

Spread jelly on slice of bread. Repeat as desired. Place bread back on plate.



Process

- Step 11

Pick up peanut butter slice of bread. Turn it upside down. *Peanut butter will be on the bottom side.*



Process

- Step 12

Place peanut butter slice proportionally on the jelly slice so that edges are square.



Process

- Step 13
(Optional) Take knife in hand and cut sandwich in half or diagonally.



Process

- Step 14

With beverage of your choice, enjoy your snack.



Process

- Step 15

Clean up mess and return bread, peanut butter, and jelly to their respective places. Place knife, plate, and glass (if used) in the sink or place in the dish washer.



Process